



St.Mary's College (Autonomous)

Re-accredited with 'A+' Grade
by NAAC
Thoothukudi, Tamilnadu.

**CERTIFICATE COURSE
COOKERY**

AIM

TO ENHANCE THE STUDENTS INTENTION OF COOKING AND TO SEE THAT THE FOOD COOKED UNDERGOES A PHYSICAL AND AT TIMES CHEMICAL CHANGES AND THAT THE END RESULT IS EDIBLE AND ACCEPTABLE.

BENEFITS

- ❖ ENHANCE COOKING SKILL
- ❖ GET FAMILIARIZED WITH KITCHEN.
- ❖ INCREASE CULTURAL AWARENESS
- ❖ IMPROVE SELF CONFIDENCE
- ❖ KICKSTART A CULINARY CAREER
- ❖ FEEL MORE CONFIDENT IN KITCHEN



SYLLABUS

S.NO	DATES
1	01.09.2022
2	02.09.2022
3	05.09.2022
4	06.09.2022
5	07.09.2022
6	08.09.2022
7	09.09.2022
8	12.09.2022
9	13.09.2022
10	14.09.2022
11	16.09.2022
12	06.10.2022
13	07.10.2022
14	10.10.2022
15	11.10.2022



SYLLABUS

- PAN PIZZA
- FRENCH FRIES
- CUSTARD MILK
- PANI POORI
- BREAD HALWA
- CHOCOLATE SHAKE
- CHOCOLATE CAKE
- CHICKEN CUTLET
- BĀDHAM MILK
- SWEET PANIYARAM
- PĀĀL KOLUKATTĀI
- VEGETABLE SOUP
- BREAD TOAST
- GULĀB JĀMUN
- CHĀPĀTH
- CHICKEN GRAVY
- PEL POORI



Report of the Certificate Course 2022-2023

COOKERY

Cookery was offered as a Certificate Course by the college from **September 2022 - October 2022** to the first year undergraduate students. Ms. B. Vinobini Samprasitta Abila, Assistant Professor, P.G. and Research Department of English was the staff in-charge and instructor for the cookery course. The course was held after the regular college hours from 2 p.m. to 4 p.m. The students were made to appear for practical and theory test at the end of the programme and were issued certificates with Grade levels according to their performance and percentage of attendance. A total of 47 students participated and benefitted through this course.

ST. MARY'S COLLEGE (AUTONOMOUS), THOOTHUKUDI
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CERTIFICATE COURSE

CERTIFICATE

This is to certify that Ms. T. Subaritha. of I. B. A. Economics.

has actively participated and successfully completed a course on Cookery

conducted during the academic year

2022 - 2023 with A Grade.

B. Arin
Instructor

Lucia Rose
Principal
St. Mary's College (Autonomous)
Thoothukudi - 628 001